



**ABRC**

Annual Bahrain Rheumatology Conference

**BSR**

BAHRAIN SOCIETY OF RHEUMATOLOGY  
الرابطة البحرينية للأمراض الروماتيزمية

# SCIENTIFIC PROGRAM

3<sup>rd</sup>

Annual Bahrain Rheumatology Conference  
مؤتمر البحرين السنوي الثالث للأمراض الروماتيزمية

16-18  
January

**2025**

Sheraton Bahrain Hotel  
Manama, Kingdom of Bahrain



[www.bahrainrheumatology.org](http://www.bahrainrheumatology.org)

## Welcome Address from the President of the Bahrain Society of Rheumatology (BSR)

**Dear Colleagues and Distinguished Guests,**

It is with great pleasure that I welcome you to the 3<sup>rd</sup> Annual Bahrain Rheumatology Conference. This gathering of esteemed professionals marks an important occasion for our community as we come together to share knowledge, discuss advancements, and foster collaboration in the field of rheumatology.

As we navigate the complexities of autoimmune diseases, joint disorders, and innovative treatments, this conference provides us with a valuable platform to exchange ideas and push the boundaries of scientific research and clinical practice. Our program this year features a diverse range of sessions, led by experts from around the region and beyond, aimed at enriching our understanding and improving patient outcomes.

I encourage all of you to engage actively, share your experiences, and build meaningful connections. Let this conference serve as a stepping stone towards further advancing our collective efforts in the field of rheumatology.

Thank you for being part of this significant event. I look forward to the insightful discussions and the inspiring ideas that will emerge throughout these days.

Warm Regards,



*Saadeya*

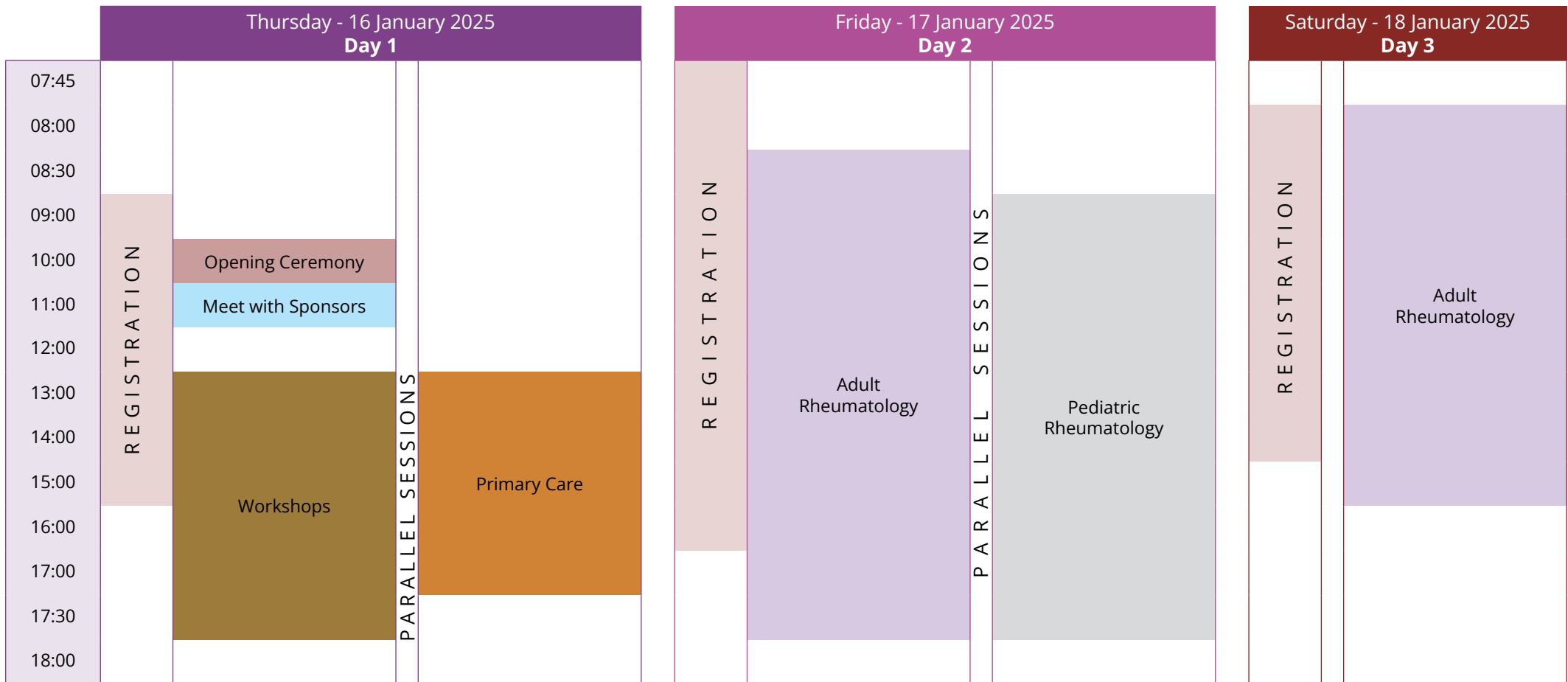
**Dr. Saadeya Naji Abdulkarim**  
Consultant, Internal Medicine and Rheumatology  
President, Bahrain Society of Rheumatology (BSR)



**3<sup>rd</sup> Annual Bahrain Rheumatology Conference**  
**مؤتمر البحرين السنوي الثالث للأمراض الروماتيزمية**  
 16-18 January **2025** | Sheraton Bahrain Hotel  
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## Program at a Glance



**DAY 1**

**Thursday, 16 January 2025**

09:00 - 15:00	Registration	
10:00 - 11:00	Opening Ceremony Welcome Remarks by 🇧🇭 Dr. Saadeya Naji Abdulkarim, President of the Bahrain Society of Rheumatology	
11:00 - 12:00	Meet with Sponsors	
12:00 - 13:00	Prayer & Lunch Break	
13:00 - 17:30	Workshops   Parallel Session Moderator: 🇧🇭 Dr. Saadeya Naji Abdulkarim	
13:00 - 14:00	Workshop 1: MRI in Rheumatology: Mimickers and Pitfalls	🇧🇭 Dr. Mai Ebrahim
14:00 - 15:00	Workshop 2: Applications of Musculoskeletal Ultrasound in Rheumatology for Beginners	🇧🇭 Dr. Majeed Haider & Dr. Osama Alalwan
15:00 - 15:15	Coffee Break	
15:15 - 16:00	Workshop 3: Osteoporosis Update/Drug Holidays in Osteoporosis	🇧🇭 Dr. Ebtihal Yusuf AlYusuf
16:00 - 16:45	Workshop 4: Treat-to-Target in Lupus: When to Use Biological Therapies?	🇫🇷 Prof. Laurent Arnaud
16:45 - 17:30	Workshop 5: Vaccine in Autoimmune Disease	🇧🇭 Dr. Rawan Alagha
17:30	END OF THE WORKSHOPS	
13:00 - 16:55	Primary Care   Parallel Session Moderators: 🇧🇭 Dr. Mayssaa Madan & 🇸🇦 Dr. Ahmed Zayat	
13:00 - 13:10	Welcome Remarks	
13:10 - 13:55	Gout	🇧🇭 Dr. Faisal Naseeb
13:55 - 14:40	Joint Pain	🇧🇭 Dr. Fajer Altamimi
14:40 - 14:55	Q&A	
14:55 - 15:10	Coffee Break	
15:10 - 15:55	ANA Interpretation	🇧🇭 Dr. Mariam Meshikhes
15:55 - 16:40	CTD Derma	🇧🇭 Dr. Fatema Khamdan
16:40 - 16:55	Q&A	
16:55	END OF THE PRIMARY CARE SESSION	

Program as of 15 January 2025

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**DAY 2**

**Friday, 17 January 2025**

**ADULT RHEUMATOLOGY**

**Parallel Session**

07:45 - 16:00	Registration	
08:45 - 10:30	Session 1 Moderators:  Dr. Yaser Mustafa Ghadanfar &  Dr. Redha Ali	
08:45 - 09:15	Autoimmunity: A One-Way Street or Can it Be Reversed?	 Prof. John Isaacs
09:15 - 09:45	Spondyloarthritis (SpA) Mimickers: When SpA is not the Answer	 Dr. Mohammad Khudadah
09:45 - 10:15	Gulf Experience and Guidelines in Axial Spondyloarthritis (axSpA)	 Dr. Ahmed Zayat
10:15 - 10:30	Q&A	
10:30 - 10:45	Coffee Break	
10:45 - 11:15	Industry Symposium <i>by Novartis</i>	 Dr. Ahmed Zayat
11:15 - 13:00	Friday Prayer & Lunch Break	
13:00 - 14:15	Session 2 Moderators:  Dr. Hanan Alrayes &  Prof. Abdulrahman Alarfaj	
13:00 - 13:30	Pre-Clinical Rheumatoid Arthritis (RA): Do We Need to Treat	 Prof. John Isaacs
13:30 - 14:00	CNS Manifestations of Sjögren's Syndrome	 Dr. Salman Aljarallah
14:00 - 14:15	Q&A	
14:15 - 14:45	Industry Symposium <i>by AbbVie</i>	 Dr. Yaser Mustafa Ghadanfar
14:45 - 15:00	Coffee Break	
15:00 - 16:15	Session 3 Moderators:  Dr. Suad Hannawi &  Dr. Ahmed Zayat	
15:00 - 15:30	Systemic Sclerosis (SSc) and Daily Practice: Management Dilemma, Tips & Tricks	 Dr. Waleed Abdurrah Hafiz
15:30 - 16:00	Systemic Sclerosis (SSc) and Calcinosis: More Attention is Required	 Prof. Mohammed Omair
16:00 - 16:15	Q&A	
16:15 - 18:00	Session 4 Moderators:  Dr. Fajer Altamimi,  Dr. Abdullatif Al-Arfaj &  Prof. John Isaacs	
16:15 - 16:35	Challenging Case in Spondyloarthritis (SpA)	 Dr. Mayssaa Madan
16:35 - 16:55	Challenging Case in Adult-Onset Still's Disease (AOSD)	 Dr. Tariq Al Fanna Al Araimi
16:55 - 17:05	Session Break	
17:05 - 17:25	Metabolic/Hypophosphatemia in Adult	 Dr. Zahra Saeed Alsahlawi
17:25 - 17:45	Challenging Case in Scleroderma	 Dr. Fatima Haji
17:45 - 18:00	Q&A	
18:00	END OF DAY	

Program as of 15 January 2025























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**DAY 2**

**Friday, 17 January 2025**

**PEDIATRIC RHEUMATOLOGY**

**Parallel Session**

07:45 - 16:00	Registration	
08:35 - 08:45	Welcome & Opening Remarks	 Dr. Wafa Madan
08:45 - 10:10	<b>Session 1: Arthritis</b> Moderators:  Dr. Muna Al Mutairi &  Dr. Buthaina Al Adba	
08:45 - 09:15	Juvenile Idiopathic Arthritis Mimickers	 Prof. Sulaiman Al-Mayouf
09:15 - 09:45	Down Syndrome-Associated Arthritis (DA) : Is it a Different Entity?	 Dr. Wafa Madan
09:45 - 10:00	Q&A	
10:00 - 10:15	Coffee Break	
10:15 - 11:30	<b>Session 2: Autoinflammatory Disorders</b> Moderators:  Prof. Reem Abdawani &  Dr. Ayesha Almheiri	
10:15 - 10:45	Chronic Recurrent Multifocal Osteomyelitis (CRMO) & Mimics	 Dr. Abdulrahman Alrasheed
10:45 - 11:15	Autoinflammatory Disorders: Overview and Clinical Approach	 Prof. Sulaiman Al-Mayouf
11:15 - 11:30	Q&A	
11:30 - 13:00	Friday Prayer & Lunch Break	
13:00 - 16:15	<b>Session 3: Connective Tissue Diseases and Vasculitis</b> Moderators:  Dr. Abdulrahman Alrasheed &  Dr. Wafa Madan	
13:00 - 13:30	Biologic Treatments for Lupus	 Dr. Ayesha Almheiri
13:30 - 14:00	Lupus - Spectrum of Disease	 Dr. Aysha Al-Moosa
14:00 - 14:30	Updates in Lupus Nephritis	 Dr. Deena Mohammed
14:30 - 14:45	Q&A	
14:45 - 15:00	Coffee Break	
15:00 - 15:30	Antiphospholipid Antibody (aPL) in Children	 Prof. Reem Abdawani
15:30 - 16:00	Advances in Treatment for Juvenile Dermatomyositis (JDM)	 Dr. Muna Al Mutairi
16:00 - 16:15	Q&A	
16:15 - 17:40	<b>Session 4: Challenging Cases</b> Moderators:  Prof. Sulaiman Al-Mayouf &  Dr. Ayesha Almheiri	
16:15 - 16:40	Challenging Case 1	 Dr. Buthaina Al Adba
16:40 - 17:05	Challenging Case 2	 Dr. Abdulrahman Alzahrani
17:05 - 17:30	Challenging Case 3	 Prof. Reem Abdawani
17:30 - 17:40	Q&A	
17:40	CLOSING REMARKS	 Dr. Wafa Madan

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**DAY 3**

**Saturday, 18 January 2025**

**ADULT RHEUMATOLOGY**

08:00 - 14:00	Registration	
08:30 - 10:15	Session 5 Moderators: 🇧🇭 Dr. Sahar Saad & 🇧🇭 Dr. Samar Al-Emadi	
08:30 - 09:00	Lupus and Antiphospholipid Syndrome (APS) in Pregnancy	🇧🇭 Dr. Ghaydaa Aldabie
09:00 - 09:30	2024 Highlights in Lupus	🇫🇷 Prof. Laurent Arnaud
09:30 - 10:00	Herpes Zoster Prevention in Rheumatology Patients	🇧🇭 Prof. Munther Khamashta
10:00 - 10:15	Q&A	
10:15 - 10:30	Coffee Break	
10:30 - 12:15	Session 6 Moderators: 🇧🇭 Dr. Basem Mustafa Awadh & 🇧🇭 Dr. Hebah Alhajeri	
10:30 - 11:00	2025 Update on Diagnostic Tools for GCA	🇮🇹 Prof. Pier Luigi Meroni
11:00 - 11:30	An Update on ANCA Vasculitis Management	🇧🇭 Dr. Roaa Alsolaimani
11:30 - 12:00	Are the New Classification Criteria of Antiphospholipid Syndrome (APS) Useful, or Do they Complicate the Diagnosis in the Routine Clinical Setting?	🇮🇹 Prof. Pier Luigi Meroni
12:00 - 12:15	Q&A	
12:15 - 12:45	Industry Symposium <i>by Janssen</i>	🇧🇭 Dr. Saadeya Naji Abdulkarim
12:45 - 13:45	Lunch Break	
13:45 - 15:00	Session 7 Moderators: 🇫🇷 Prof. Laurent Arnaud & 🇧🇭 Prof. Mohammed Omair	
13:45 - 14:05	IgG4 Disease Update	🇧🇭 Dr. Mahdi Abusalameh
14:05 - 14:25	IgA Vasculitis	🇧🇭 Dr. Majeed Haider
14:25 - 14:45	Challenging Case in Behçet's Syndrome	🇧🇭 Dr. Osama Alalwan
14:45 - 15:00	Q&A	
15:00	END OF THE PROGRAM	

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